

Paddle Canada Level 1 Kayaking Instructor Training and Assessment

June 1-4



Course Directors: Christopher Lockyer

Aim

To provide a national certification in the instruction and administration of the Paddle Canada Level 1 and Introduction to Sea Kayaking Skills courses. This course has been designed for you to be exposed to as many different teaching techniques, ideas and resources available in the paddling world. Please come with a rested body and open mind. We challenge you to bring new ideas and approaches to test and refine them in this safe learning environment.

Level 1 instructor is certified to

- Conduct Paddle Canada Level 1 Skills courses
- Assist a Level-2 Instructor on a Level-2 Skills course
- Conduct Intro to kayak skills courses

June 1:	Meet at 10:00 am Course outline, Expectations and paper work On water skills assessment and group paddle
June 2	On water leadership Coaching styles
June 3	Coaching styles Stroke breakdown
June 4	Teaching progression Practice teaching Debrief course will end around 3:30 pm